

# SOLANO COUNTY FAMILY AND INDIVIDUAL RESOURCES

The following are available resources that serve families and individuals who live in Solano County and may require services and/or supports. Not all resources are free of charge. This list is only a guide to services that are located nearby. Users should verify with any agency for availability and for any charges or fees associated with services.

# **CHILD & FAMILY SERVICES**

#### SOLANO COUNTY FAMILY RESOURCE CENTERS

- North Vallejo Fighting Back Partnership Family Resource Center (707) 553-7345 or (707) 553-7346
- Greater Vallejo Fighting Back Partnership, Family Resource Center (707) 648-5230,
- Vacaville FIRST Office, Family Resource Center (707) 469-6600,
- Suisun Healthy Start, Family Resource Center (707) 421-4398,
- Rio Vista C.A.R.E., Family Resource Center (707) 374-5243,
- Dixon Family Resource Center (707) 678-0442,
- Cleo Gordon Family Resource Center Fairfield (707) 678-0442,

- Benicia Family Resource Center (707) 746-4352 or 746- 2623 all centers provide information and referral services to families with children in Solano County, assist families in identifying and accessing community resources to meet their needs, including parenting, family recreation, job search, transportation, child care basic needs, etc.
- Seneca Center (707) 429-4440 services and supports for youth (ages 18-25) who have aged out of foster care and/or Solano County Community Mental Health. Provides safe transition into adulthood for those with a history of significant trauma or educational impairments.
- Children's Network (707) 421-7229 organization committed to improving the lives of children in Solano County through education, advocacy, coordination of community services and community-based collaboratives.
- Napa/Solano Head Start/ Child Start (707) 252-8931 offers child and family support services including preschool and home-based visits, nutrition, medical and dental diagnosis/treatment, services to handicapped children, social services, parent involvement, parent education, and mental health services.
- LAAM-Life Abortion Alternative Ministries- (707) 642-5001
- Children's Nurturing Project- (707) 422-0464; Early Intervention, A pathway to Success
- **Child Haven** (707) 425-5744 Service for children at risk. Support groups and source for emergency diapers and formula.
- **Black Infant Health** (707) 553-5055 African American pregnant women, residing in Vallejo. Offer group-based participation in our Sister Talk prenatal and postpartum group.
- Adolescent Family Life Program (AFLP/CAL Learn) Fairfield (707) 421-2750; Vallejo (707) 647-0470; Vacaville (707) 448-4882 assist clients in gaining access to needed educational, health, medical care and psychosocial, as well as vocational counseling and other services.
- Alpha Pregnancy Resource Center Vacaville (707) 449-8991; Fairfield (707) 428-3300 Maternity and baby clothes, abortion counseling.

#### CHILD ABUSE REPORTING

- Child Protective Services (800) 544-8696 Solano County area report abuse and neglect.
- Child Abuse Hotline (800) 422-4453 National Hotline report abuse and neglect
- Center for Missing Children (800) 843-5678 to report missing or exploited children

#### EDUCATIONAL/RECREATION PROGRAMS

- Child Start (707) 427-7300 or (866) 573-4874 Head Start for Napa and Solano Counties
- Solano Family and Children Services (707) 863-3950 child care referral listing of providers
- Vacaville Neighborhood Boys & Girls Clubs (707) 452-0480 and (707) 446-4860
- Children's Network (707) 421-7229 services and support on children and parenting issues
- City of Fairfield- Youth Services (707) 428-7435 Pre-school and after-school recreational programs (ages 6-12).
- Car Seat Connection and Bicycle Safety Helmets (707) 553-5543

#### **VISITATION SERVICES**

- **CBLF Visitation Care Center** (707) 365-1636 supervised visitation services
- Child Haven Safe Harbor (707) 425-5748 supervised visitation as court ordered

#### **HEALTH SERVICES**

Solano County Children's Medical Services CCS (707) 784-8650
 /CHDP (707) 784-8670 – financial assistance and treatment for SC residents 21 and under with serious health conditions

- Solano County Family Health Clinic Fairfield (707) 784-2010 /Vallejo (707) 553-5509 – primary care to low income or underinsured patients
- Solano Coalition for Better Health Fairfield (707) 978-7547 community agency certified to assist low-income families inc. applications for Medi-Cal and Covered California
- State of California Dept. of Health Care Services/ California Children's Services San Francisco Regional Office – (510) 286-0757 - state program for children with certain diseases or health problems, children up to 21 years old can get the health care and services
- **Planned Parenthood** Fairfield (707) 429-8855 Vacaville (707) 317-2111 Vallejo (707) 643-4545— vital reproductive health care, sex education, and information, teen parenting classes
- Maternal, Child & Adolescent Health (800) 794-7422 Prenatal care guidance. Postpartum depression.
- Partnership Health Plan of CA. Growing Together Perinatal Program (800) 809-1350 – Free gifts for attending prenatal visits.
   Members must call to enroll while still pregnant.
- Alpha Pregnancy Resource Center Vacaville (707) 449-8991; Fairfield (707) 428-3300 Abortion counseling.
- BAPAC (415) 206-8919 manages pregnant women who are HIV positive.
- Needy Meds (215) 625-9609 Pharmaceutical manufacturers with special programs to assist uninsured. Web address available: <a href="https://www.needymeds.com"><u>www.needymeds.com</u></a>.

# **COUNSELING and MENTAL HEALTH SERVICES**

# GENERAL/DOMESTIC VIOLENCE COUNSELING & THERAPY SERVICES

• Child Haven Fairfield (707) 425-5744 ext. 114 – counseling services for children, parenting classes.

- Solano County Mental Health Children's Services (800) 547-0495 referrals to outpatient counseling services.
- ALDEA (707)425-9670 Out-patient counseling for children with Medi-Cal. Family services. Fairfield and Vallejo.
- Solano Family Justice Center (707) 784-7635 individual and family counseling, advocacy, violence intervention and prevention services. Crisis shelter, transitional shelter, restraining order assistance, court accompaniment.
- Solano County Crisis Line (707) 428-1131 (707) 750-3000 24 hour referral to counseling services.
- Fairfield Counseling Center (707) 426-0763 individual and family counseling
- Catholic Social Services/New Pathways Vallejo (707) 556-9137 individual, family and children counseling. Family assistance program (CalFresh)
- Family Investigative Response Services Team (F.I.R.S.T.)

  Vacaville (707) 469-6600 counseling for domestic violence victims and children. Resource Center (707) 469-6608
- **Healing in Progress** (707)644-5421 individual, couples, adolescent and family counseling in Fairfield, Vallejo and Napa.
- **LIFT3** Fairfield/Vallejo Crisis line (707) 425-1867 counseling services for victims of domestic violence.
- Fairfield Police department Domestic Violence Unit Investigations
  Building (707) 428-7600 provides free counseling services to
  victims of domestic violence, assists with restraining orders, court
  accompaniment (Fairfield residents only)
- Successful Mental Health and Addiction Recovery Treatment (SMART) (707) 784-2220 referrals and treatment for mental health issues, drug and alcohol, parenting and domestic violence issues. Free to all CalWORKS recipients.
- **Healthy Partnerships, Inc.** (707) 425-1799 outpatient and intensive outpatient treatment for alcohol and drugs. Aftercare treatment. Mental health treatment including individual and family counseling, medication monitoring.

- Solano County Mental Health Services Access Unit (800) 547-0495
- Solano County Mental Health Services Adult Outpatient Clinics Fairfield (707) 784-2080 Vacaville (707) 469-4610 Vallejo (707) 553-5331
- Solano County Children's Mental Health Services Fairfield (707) 784-4900 Vacaville (707) 469-4540 Vallejo (707) 223-5811
- Caminar for Mental Health (707) 648-8121 <a href="mailto:info@caminar.org">info@caminar.org</a>
  <a href="mailto:www.caminarinc.org">www.caminarinc.org</a>
- National Alliance on Mental Illness (NAMI) Solano County (707) 422-7792 Warm Line educate families and other interested parties about mental illness, support families and their mentally ill loved ones through one-on-one help, referrals, financial aid, scholarships etc.
- Anka Behavioral Health Hope Solano <u>info@ankabhi.org</u> Fairfield: Crisis Stabilization Unit, Vallejo: Crisis Residential and Outpatient AOD, Inmate AOD and Housing.

#### CRISIS AND SUICIDE PREVENTION SERVICES

- National Suicide Prevention 24 Hour Hotline (800) 273-TALK (8255).
- Solano County Crisis Unit 24 Hour Line (707) 428-1131
- Substance Abuse and Mental Health Services Administration (SAMHSA) Disaster Distress Helpline (800) 985-5990 - 24-hour services for those experiencing psychological distress as a result of a natural or man-made disaster, incidents of mass violence or any other disasters.
- Institute on Aging: The Friendship Line (800) 971-0016 24-hour and crisis intervention and emotional support for loss and grief, trauma recovery, isolation and depression.
- 1in6 24-Hour Online Crisis Support For Men <a href="www.1in6.org">www.1in6.org</a>. Online crisis support for men who have experienced traumatic unwanted, or abusive sexual experiences in childhood.

 Anka Solano CSU Program: Crisis Stabilization Unit info@ankabhi.org

#### LGBTQ RESOURCES

- Parents and Friends of Lesbians and Gays (PFLAG) (707) 448-1010
- Solano Pride Center (707) 398-3463 Advocacy and Resources for LGBTQ community.
- Caminar (707) 648-8121 <a href="infor@caminar.org">infor@caminar.org</a> Every 2<sup>nd</sup> Wednesday of the month support group for clients, friends and family of LBGTQ with mental health disabilities at The Wellness Recovery Center 915 Tuolumne Street, Vallejo, 3 pm to 4 pm.

# **HOUSING RESOURCES**

#### **SHELTERS**

- **Heather House** (707) 427-8566 permanent homeless shelter in Fairfield, 24-bed facility with three transitional apartments, serving families and young adults, including single women. Clients live in a home-like setting and receive individualized case management to assist with their unique issues, no charge
- **Mission Solano** (707) 673-5213 provides over 23,000 beds per year and over 210,000 meals, showers and bagged lunches provided daily.
- Children in Need of Hugs (707) 428-3912 up to 21 days of shelter for runaway and homeless youths (ages 13-17), provides counseling services to reunite youths in reuniting with their families or find alternate housing.
- Pacific Community Services (800) 914-6874 or (707) 252-1700 and (707) 439-1200 – Helps settle disputes, housing counseling and advocacy.

- **Opportunity House** (707) 447-1988 provides a safe, secure, drugfree environment for homeless participants to use as a springboard to self-sufficiency and to a productive lifestyle in the community
- Christian Help Center (707) 553-8192 provides food and shelter to homeless.

#### FOOD ASSISTANCE

- Solano County Emergency Food Assistance Dixon Community Assistance Corp. (707) 678-5596; Dixon Family Services (707) 672-0442; Fairfield Suisun Community Action Center (707) 446-2244; Meals on Wheels Solano County (707) 426-3079
- Food Bank of Contra Costa & Solano Concord (707) 676-7543;
   Fairfield (707) 421-9777- Free community produce program, multiple locations in Vallejo, Fairfield/Suisun, Vacaville, Dixon and Rio Vista (call for locations and dates). School Pantry Program, Food for Children, Senior Food Program, Summer Food for Kids.
- First Baptist Church of Fairfield (707) 422-2500 Free meal on Sundays at 2:30pm. 1108 Washington Street, Fairfield, CA.
- Salvation Army (707) 643-8621 Emergency food bags available 4x's per year per family. Free bagged lunch Mon-Fri 11:30 am to 12:30 pm. 630 Tuolumne St., Vallejo, CA
- St Paul's Episcopal Church of Benicia (707) 745-0307 Every Wed from 4:30 pm to 6:00 pm free hot meal. 120 East J Street, Benicia, CA.
- Rio Vista Ministry (707) 374-2033 Food pantry. 230 Sacramento Street, Rio Vista, CA. Call for more information.
- **Mission Solano (707) 673-5213** bagged lunches provided daily. 740 Travis Boulevard, Fairfield, CA.
- Fairfield Seventh Day Adventist Community Services (707) 426-6720 Food pantry. 1101 East Tabor Ave, Fairfield, CA
- Fairfield/Suisun community Acton Council (707) 427-1148 Food Pantry, distributions on Wednesdays 12:30 pm to 2:00 pm only. 416 Union Ave., Fairfield, CA. Dixon (707) 678-5596, Rio Vista (707) 374-5706

### **DOMESTIC VIOLENCE RESOURCES**

#### **EMERGENCY SHELTERS**

- LIFT3 Support Group and Domestic Violence Shelter (707) 398-6865 provides shelter and support for victims of domestic violence in Solano County. Operates a short-term confidential emergency domestic violence shelter in Fairfield.
- Safe Quest (707) 422-7345 24/7 Crisis Line (866) 487-7233 emergency housing in a confidential location. Trained staff on premise 24/7.
- Napa Emergency Women's Services (NEWS) (707) 252-3687 provides shelter and support for women and their children who have experienced domestic violence.
- Sacramento Women Escaping a Violent Environment (WEAVE) (916) 448-2321 - emergency confidential shelter services program for women, teens, children and men. 24-hour crisis line 866-920-2952

#### DOMESTIC VIOLENCE SERVICES/TREATMENT

- Solano County Family Violence Intervention Team (FIT) 707-784-7683 -services for domestic violence victims throughout Solano County's unincorporated areas in partnership with the Solano County Sheriff's Office.
- Vacaville Family Investigative Response Services Team (FIRST) (707) 469-6600 provides advocacy for victims of domestic violence, child and elder abuse; and services for families living in Vacaville in partnership with the Vacaville Police Department.
- Fairfield Domestic Violence Response Team (707) 428-7770 provides advocacy for victims of domestic violence services for
  families living in Fairfield in partnership with the Fairfield Police
  Department.

- Advocates Against Domestic Violence in the African American Community (AADVAC)- (707) 999-1632
- Travis Air Force Base Family Advocacy Office (707) 423-5168 provides services to military families experiencing child abuse and/or domestic violence issues. They also provide parenting classes for military families.
- National Domestic Violence Hotline (800) 799-SAFE (7233)
- Women's Law.org <u>www.womenslaw.org</u>. Providing legal information and support to victims of domestic violence and sexual assault.

#### **VICTIM WITNESS**

• Solano County District Attorney Victim Witness Program (707)784-6844 - The DA Victim Witness program provides compensation for victims of certain crimes and related assistance.

#### **ADDITIONAL SERVICES**

Solano County Child Support Services: 1-866-901-3212

# Free Cell Phone and Service

#### **Assurance Wireless**

P.O. Box 686 Parsippany, NJ 07054

Assurance Wireless Customer Service 1-888-898-4888

Email: <u>ourteam@assurancewireless.com</u>

www.AssuranceWireless.com

# **Budget Mobile**

1325 Barksdale Blvd. Bossier City, LA 71111 info@budgetmobilelifeline.com

Toll Free: (888) 777-4007

Website: www.budgetmobile.com

#### **Nexus Communications, Inc.**

P.O. Box 247168 Columbus, OH 43224

Enrollment Support: 1-877-870-9444 Technical Support: 1-888-820-6587 Customer Service: 1-877-870-9222

Fax: 1-877-870-9333

www.ReachOut Wireless.com

## **Telscape Communications**

10440 North Central Expressway Suite 700 Dallas, TX 75231-2228 Telscape.com

New Service: 1-800-TELSCAPE (1-800-835-7227) or visit a Telscape store.

Customer Service: 1-877-771-7736 for existing customers. Mon-Fri 8:00 a.m. – 7:00 p.m. and Sat 8:00 a.m. – 3:00 p.m. Mobile Customer Service: 1-800-430-0443 for questions ranging from usage to billing. Mon – Fri 8:00am – 7:00pm and Saturday 8:00am – 3:00pm.

#### **Low Cost Auto Insurance**

1-866-602-8861

www.mylowcostauto.com